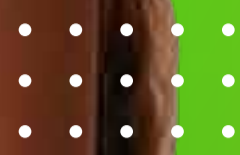




VALIENTE

What is Valiente?



What is Valiente?

- Purpose
- Where are we?
- Friendly and protective environments
- Achievements in 5 years
- Some milestones
- Project initiatives
- Content in comprehensive sexuality education (CSE)
- Value proposal

Profamilia > What is Valiente?



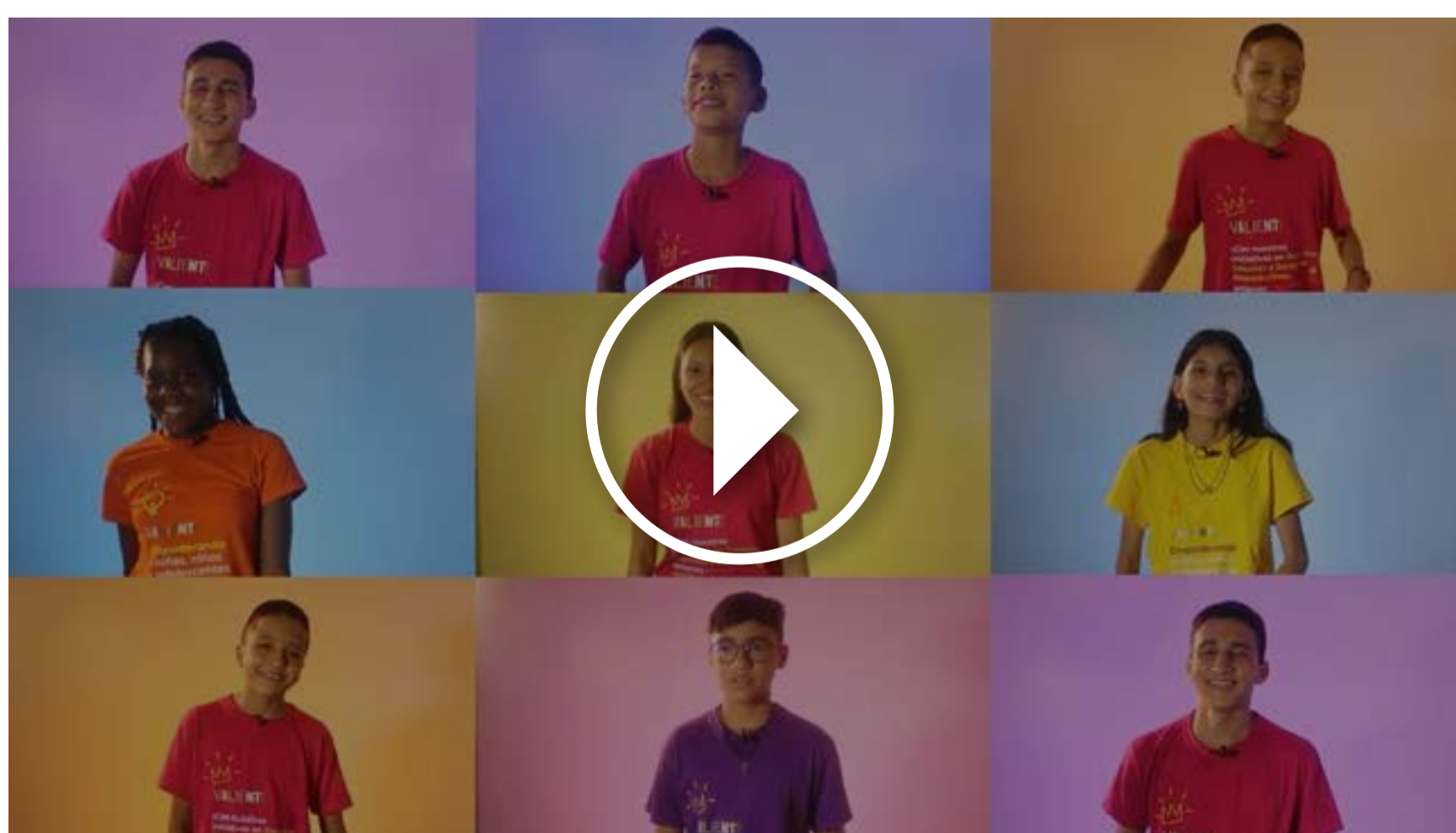
VALIENTE



What is Valiente?

Valiente (Brave) is a comprehensive social program rooted in a gender and intersectional approach that empowers girls, boys, and adolescents to fully recognize their rights, embrace their autonomy, and actively shape their futures. By unlocking their potential, they don't just change their lives—they become catalysts for transformation within their communities. This empowerment is expected to manifest in tangible outcomes:

- A significant reduction in teenage pregnancies
- A sharp decline in gender-based violence
- A surge in youth participation in institutional spaces.
- A new generation is poised to lead, inspire, and create lasting change through this initiative.



Amazing children and teenager empowered to change their communities



Purpose



- What is Valiente?
- Purpose**
- Where are we?
- Friendly and protective environments
- Achievements in 5 years
- Some milestones
- Project initiatives
- Content in comprehensive sexuality education (CSE)
- Value proposal

Profamilia > Purpose



Purpose

Valiente addresses the significant challenges faced by children and adolescents in Colombia, especially in regions impacted by over 60 years of armed conflict. These young people face severe restrictions on their freedoms and rights, limiting their autonomy, development, and social participation. Gender inequalities further exacerbate these obstacles.

Valiente empowers these youth through five strategic pillars: fostering reflective thinking, promoting social innovation, encouraging community participation, providing peer education on sexual and reproductive rights, and strengthening protection networks involving families, teachers, and institutions, focusing on Diversity, Equity, and Inclusion.

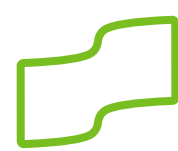
A key achievement of Valiente has been redefining sexuality as a core aspect of identity, breaking down misconceptions and resistance to sexuality education. This shift allows young people to receive essential knowledge, empowering them to defend their rights and those of others.

Valiente's impact transcends individual growth; it serves as a catalyst, inspiring communities to question entrenched social structures. This, in turn, contributes to the reduction of unwanted pregnancies and gender-based violence, and the promotion of sustainable social and economic development in Colombia's most vulnerable areas.

Purpose



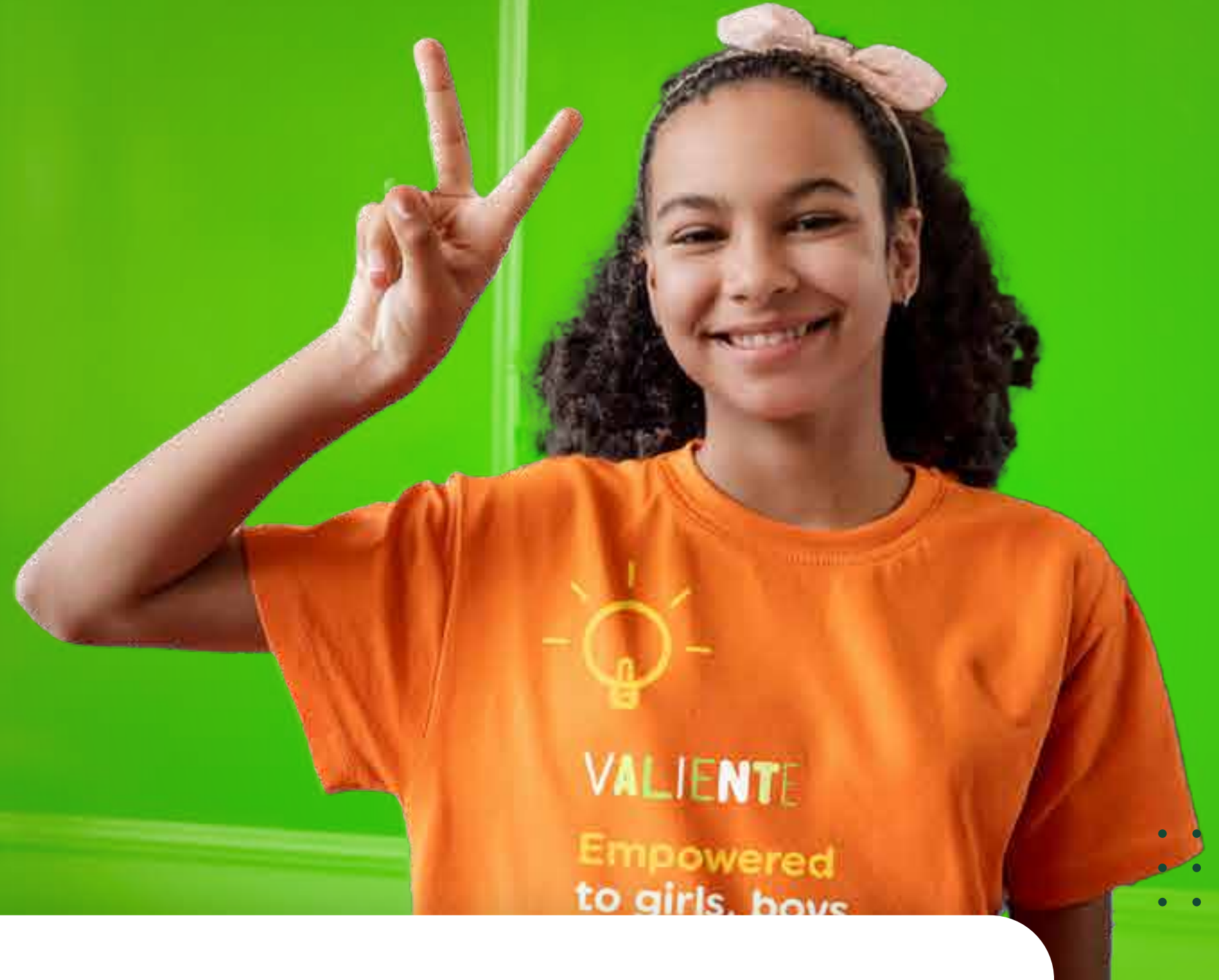
We offer children and adolescents the tools so that they can be agents of change in their communities, defending their own Sexual and Reproductive Rights and changing their communities



Amazing children and teenager empowered to change their communities



Where are we?



- What is Valiente?
- Purpose
- Where are we?**
- Friendly and protective environments
- Achievements in 5 years
- Some milestones
- Project initiatives
- Content in comprehensive sexuality education (CSE)
- Value proposal

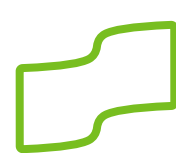
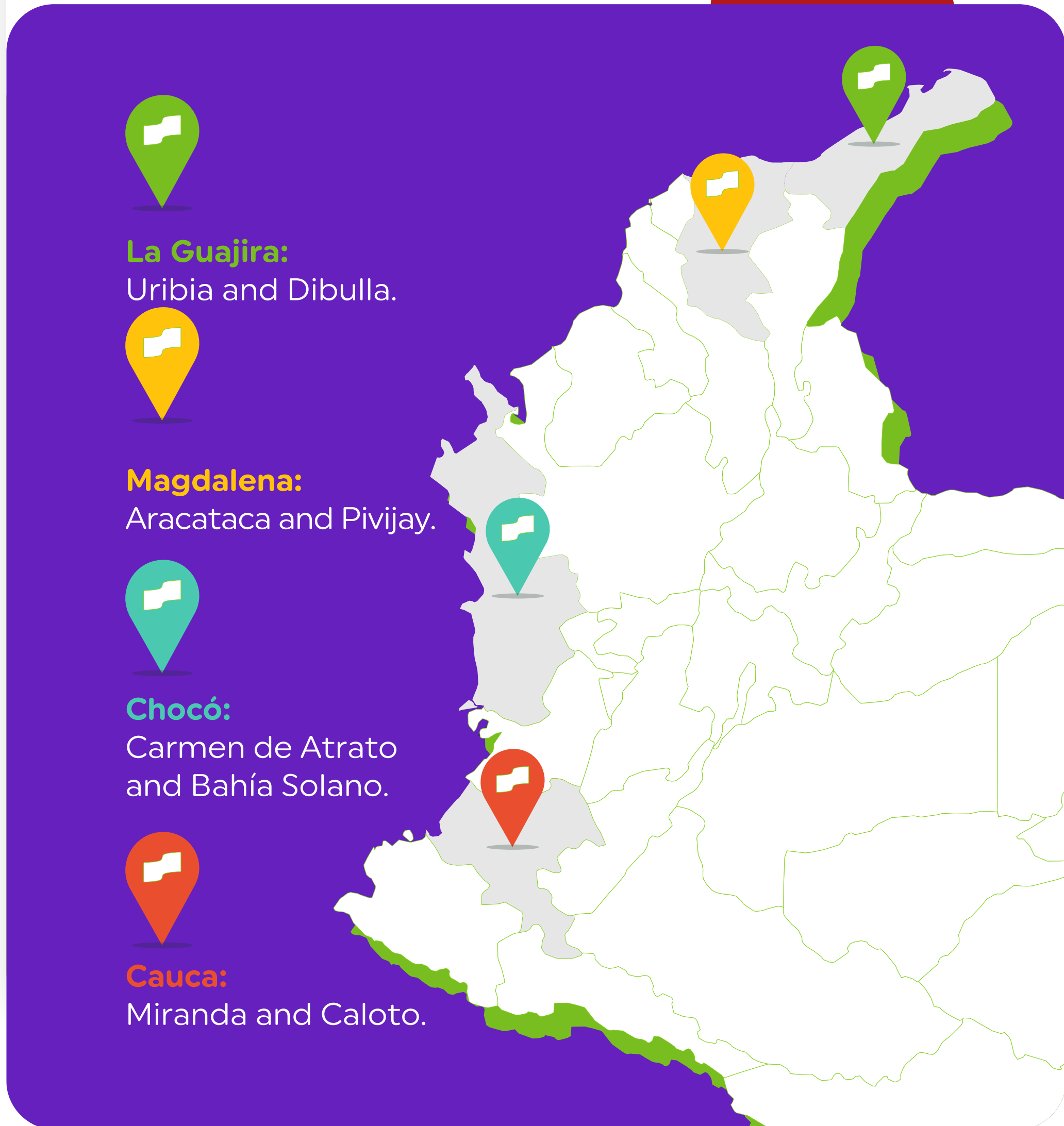
Profamilia > Where are we?



Where are we?

Since 2018, Valiente has been implemented in eight municipalities in the country that have been affected by the conflict in Colombia. These territories were selected according to vulnerability indicators, they had the highest percentages of population living in poverty and teenage pregnancy.

Valiente is implemented in 32 public schools:



Amazing children and teenager empowered to change their communities



Friendly and protective environments

- What is Valiente?
- Purpose
- Where are we?
- Friendly and protective environments**
- Achievements in 5 years
- Some milestones
- Project initiatives
- Content in comprehensive sexuality education (CSE)
- Value proposal


Profamilia > Friendly and protective environments

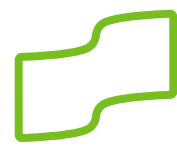


Friendly and protective environments

decision-makers, ensuring that children and adolescents can thrive in safety. **Our efforts focus on strengthening:**

- Family dynamics
- School settings
- Community interactions
- Institutional frameworks

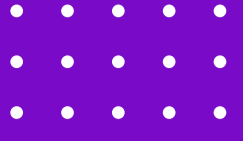


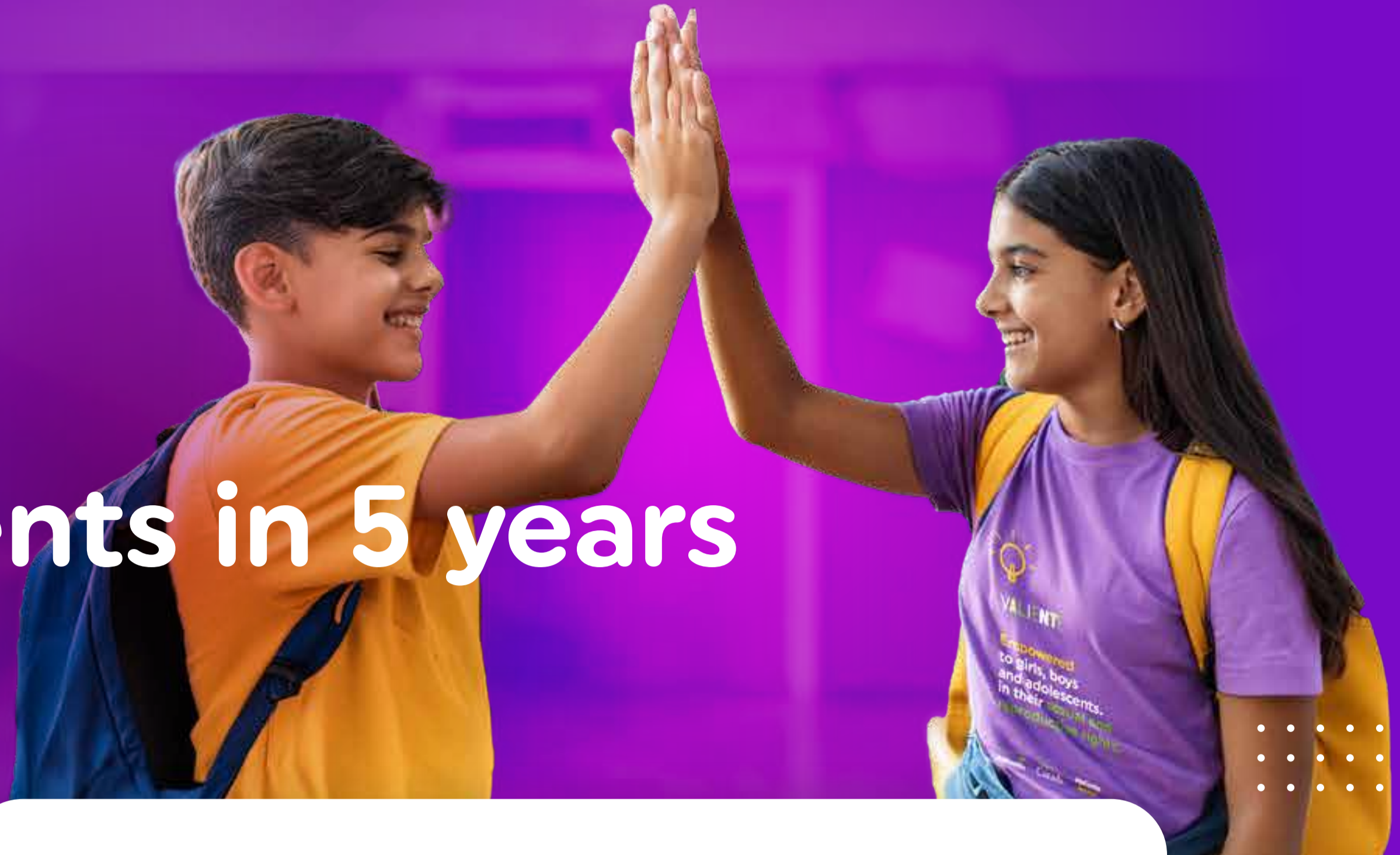
Amazing children and teenager empowered to change their communities

For more information go to nearest Profamilia clinic or contact:

National Line: 300 912 4560



Achievements in 5 years

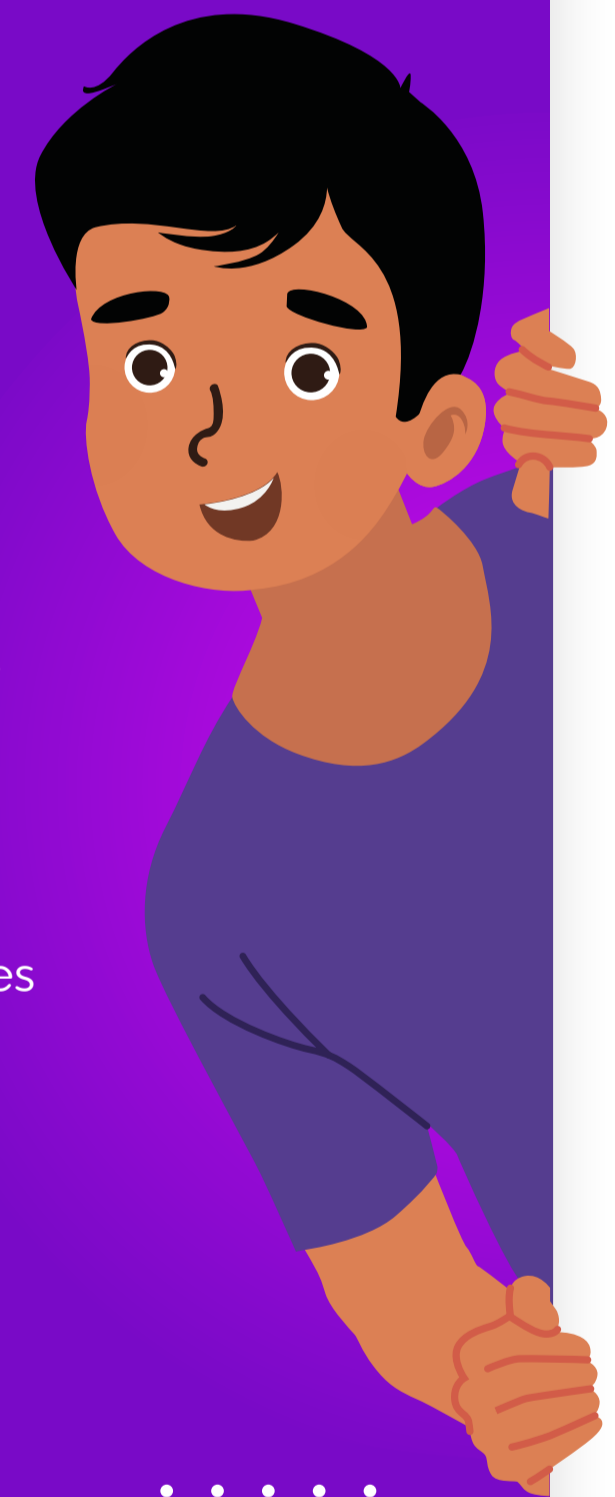


- What is Valiente?
- Purpose
- Where are we?
- Friendly and protective environments
- Achievements in 5 years**
- Some milestones
- Project initiatives
- Content in comprehensive sexuality education (CSE)
- Value proposal



Achievements in 5 years

- We have impacted more than 14,000 children and adolescents.
- More than 4,600 adults have participated in the project.
- The percentage of children and adolescents who are aware of the concept of sexuality as a central aspect of identity has doubled.
- The percentage of children and adolescents who have a more favorable attitude towards gender equitable gender roles tripled.
- Knowledge of contraceptive methods increased 6 times compared to the beginning of the project.
- Contraceptive use is now 5 times higher than at the beginning of the project.
- Condom use increased during the first sexual intercourse.
- As a result of the work with the adults in the settings, In households, communication and positive parenting practices improved.
- In six of the eight municipalities in the period 2019 to 2022, a reduction in the pregnancy rate of adolescents between 15 and 19 years of age and a decrease in pregnancies in girls between 10 and 14 years of age is reported.
- In general, participants report greater access to sources of information about sexuality, gender-based violence and sexual and reproductive health services.
- These achievements confirm the effectiveness of Comprehensive Sexuality Education and its impact on people's health and well-being.



Amazing children and teenager empowered to change their communities

For more information go to nearest Profamilia clinic or contact:

National Line: 300 912 4560



Some milestones



- What is Valiente?
- Purpose
- Where are we?
- Friendly and protective environments
- Achievements in 5 years
- Some milestones**
- Project initiatives
- Content in comprehensive sexuality education (CSE)
- Value proposal



Educational component:

- Annually, we deliver pedagogical kits to help students take their classes.
- We implemented a menstrual health and education process benefiting 6,000 menstruating people that includes educational materials and a menstruation management kit.

Family Environment:

- We worked with more than 3,000 mothers, fathers and caregivers, allowing greater support to students through recreational activities.
- The families impacted by the project have improved their care and relationship with their children by 13%.
- We delivered the game "Talking Families" to encourage dialogue among family members.

School Environment:

- We strengthened the capacities of 1017 teachers and directors in sexual education through training and national meetings.
- We supported the school radio station in the municipality of El Carmen de Atrato - Chocó.
- We delivered pedagogical suitcases for schools to continue replicating Comprehensive Sexuality Education (CSE).

Community Environment:

- Intercultural component: we weaved intercultural dialogues and training processes with the Nasa and Wayuu population, such as the Circles of the Word.
- From Inside: is a song that addresses the feelings of the situations experienced by children and adolescents in the municipality of Miranda.
- Alliances with the private sector: we delivered menstrual products with the company Nosotras and with Miner S.A.

Institutional Environment:

- Institutional strengthening for comprehensive attention to cases of gender-based violence against children and adolescents.
- Development of extramural sexual and reproductive health brigades for the Project's beneficiary population, in coordination with Profamilia's clinics and all health service providers in the municipalities.

Advocacy and Communications:

- **"100 Valiente Voices Say":** Advocacy for the elimination of Child marriage and early unions in Colombia: The girls, boys and adolescents have led advocacy actions to achieve the regulatory change to increase the age of marriage in the country from 14 to 18 years old. Likewise, they lead the visibility of Child Marriages and Early Unions as a form of gender violence.
- **Around Them:** communication campaign that promoted the participation of 4 girls from the Valiente project in the national media, to talk about the importance of listening to the voices of girls.
- **Visit to NASA:** 5 girls from the Valiente Project from the municipalities of Uribia and Carmen de Atrato, have visited nasa and lived the experience of being Astronauts, thanks to the fact that they have been able to participate in different national calls in which they have stood out for their leadership and female empowerment.
- **Regional Conference on Population and Development in Latin America and the Caribbean-2024:** 4 students participated in trainings to strengthen their participation in discussions where they exposed issues such as Child Marriage and Early Unions.



Amazing children and teenager empowered to change their communities



Project initiatives



- What is Valiente?
- Purpose
- Where are we?
- Friendly and protective environments
- Achievements in 5 years
- Some milestones
- Project initiatives**
- Content in comprehensive sexuality education (CSE)
- Value proposal

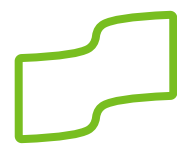
Profamilia > Project initiatives



Project initiatives

As a result of empowerment, **2,727 girls, boys and adolescents** created and led project initiatives to multiply what they had learned and contribute to making visible and transforming problems such as misinformation on sexuality, early pregnancies, gender-based violence, bullying, homophobia, taboo on menstruation, and the lack of communication in the family, sex education and access to services such as contraceptives.

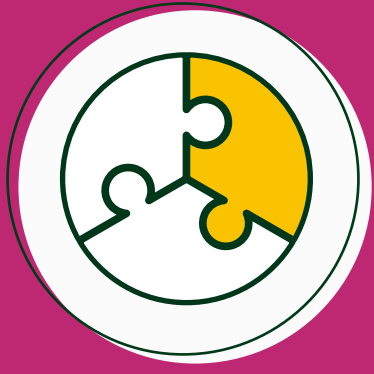
Their projects allowed them to continue learning about the issues, to be visible in their contexts and to strengthen their communication, advocacy and participation skills.

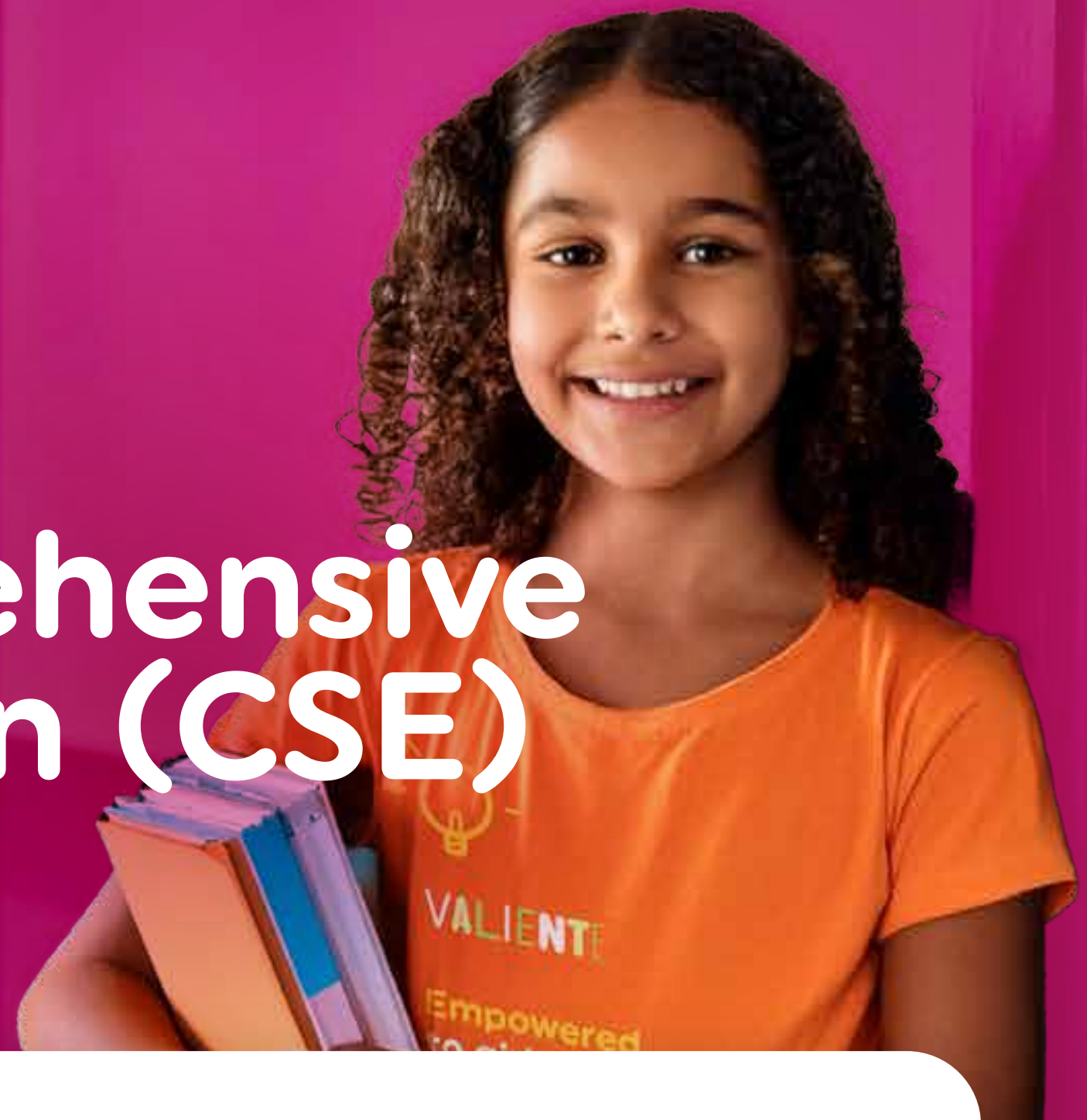
Amazing children and teenager empowered to change their communities

For more information go to nearest Profamilia clinic or contact:

National Line: 300 912 4560




Content in comprehensive sexuality education (CSE)



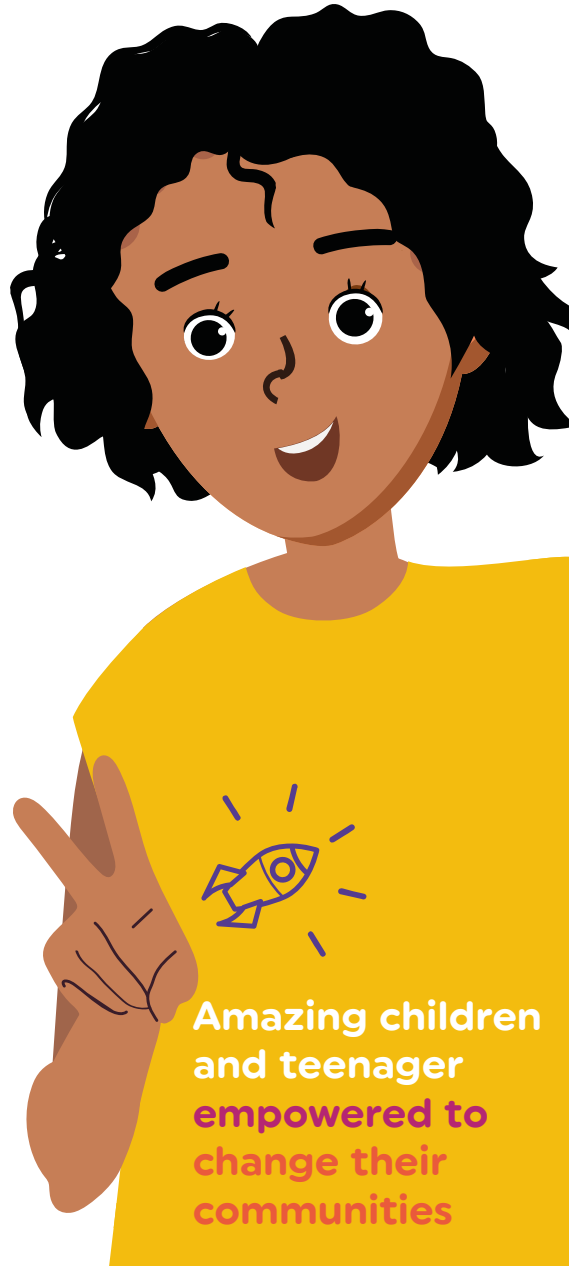
- What is Valiente?
- Purpose
- Where are we?
- Friendly and protective environments
- Achievements in 5 years
- Some milestones
- Project initiatives
- Content in comprehensive sexuality education (CSE)**
- Value proposal

Profamilia > Content in comprehensive sexuality education (EIS)



Content in comprehensive sexuality education (CSE)

The intervention is complemented with pedagogical and recreational materials (vneers, games, didactic materials, audiovisuales, contents for networks) that complement the intervention and allow improving the knowledge, attitudes and practices of the beneficiaries in a direct and indirect way.



Some of the topics addressed were:



Human rights, puberty, menstruation, types of families, bodily autonomy, sexuality as a multidimensional category, gender roles and stereotypes, consent, healthy and unhealthy relationships, sexual and reproductive rights, project formulation, reproductive anatomy, pregnancy prevention, gender violence, contraceptives, responsible use of social networks, gender identity and sexual orientation, care routes for gender violence.



Amazing children and teenager empowered to change their communities



Value proposal



- What is Valiente?
- Purpose
- Where are we?
- Friendly and protective environments
- Achievements in 5 years
- Some milestones
- Project initiatives
- Content in comprehensive sexuality education (CSE)
- Value proposal**

Profamilia > Value proposal




Value proposal

- **Gender focus:** we seek to nurture gender equity through our actions.
- **Rights approach:** through education on sexual and reproductive rights, we prioritize the human rights of girls, boys and adolescents.
- **Intersectional approach:** we understand how multiple social identities intersect in the experience of each person and reflect situations of inequality.
- **Intercultural approach:** we value diversity in all its expressions, which has led us to build dialogues of knowledge with indigenous communities such as the Nasa in Cauca and the Wayuu in Uribia.
- **Diversity, inclusion and disability approach:** The Valiente project will ensure the active participation of people with disabilities in each of the planned processes.

Meaningful learning:

We adapt the training of our students according to their needs, contexts and realities.

Project-based learning:

Involving children and adolescents in projects that address relevant sexuality issues helps them to better internalize the information shared.



Amazing children and teenager empowered to change their communities